



Australian Chinese Medical Association (Victoria) Inc.

澳洲維省中華醫學會

ACMAV INC. NEWS

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- Entertainment Book Order Form

Editor's Comment

Dear All,

In this packed edition of ACMAV News – please start with the president's report which highlights our organisations' recent past and discussed future events.

All ACMAV members are welcome to contribute to this newsletter. Please send all newsletter items to Mee Yoke Ling directly at meeyoke.ling@med.monash.edu.au or via ACMAV House.

From the President

Dear Colleagues

We have just had one of our most memorable and successful Annual Conferences this year on the 8th of August at the Novotel Glen Waverley. My thanks and congratulations go to the efforts of conference convenor, Mee Yoke Ling, and her hard working conference subcommittee who put the excellent program together and paid such attention to detail. Thanks also go to our speakers, who provided enlightening educational updates on the various advances in their field of medicine, and to our industry sponsors, who provide the necessary financial support to make the conference happen. Most of all, we need to thank you, our membership who support our efforts by attending the conference and making it the success that it is.

We scarcely have time to catch our breath when we have to start planning for our combined annual conference with the ACCMA (Australasian Council of Chinese Medical Associations), on Queen's birthday weekend, 11-13th of June 2005. We will host the meeting for our colleagues from interstate, as well as from across the Tasman. It will also be our 20th anniversary as an association, and we will be showcasing how far we have come as an association, as well as where we are heading. Once again, I ask all of you to strongly support us, and the efforts of our congress convenor, Kevin Siu, by attending and interacting with our interstate and New Zealand colleagues. Please mark this in your diaries now!

We have two more educational seminars planned for this year, coming up next on September 15th on Eye Conditions, and

another one in November. As our membership year is now the calendar year, we have delayed our Annual General Meeting until the first half of next year. As always, I ask all of you to consider contributing to the running and direction of the Association by volunteering as a committee member. The success of the ACMAV depends on you.

Continuing on the themes of Community and Compassion, we have been doing our regular series of health education talks to the elderly Chinese, organised by Lawrence Wu. We have also contributed to providing medical equipment and medicines for Uganda in Project Africa organised by Benny Foo. We are also nurturing another overseas aid project which we hope to present at next year's combined annual conference. As we mature as an association, these community and overseas medical aid projects need to be permanent features of who we are and what we do.

Lastly, as some of you may already know, one of our most distinguished and active members, Richard Hing, has been unwell with cancer, and has undergone surgery and chemotherapy. Richard has been a great contributor to the ACMAV, including serving as Secretary and President. On behalf of the ACMAV, we send Richard our best wishes for a speedy and full recovery and we hope that he can join the committee again soon!

Best regards
Frank Thien
president@acma.net.au

Calender of Events

| Date | Event | Venue |
|--------------------------------|---|-------|
| Mid-November 2004 | Topic – to be announced | TBA |
| February 20 th 2005 | Chinese New Year Yum Cha | TBA |
| March 2005 | Neurology Seminar – Multiple Sclerosis | TBA |
| April 2005 | AGM | TBA |

Australian Chinese Medical Association of Victoria
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Cordially invites you to and Joint ACMAV & VAMA Education Seminar

“The Red Eye” by Dr Alex Poon
&

“Noughts, Dots and Flashes” by Dr Trevor Gin

Wednesday 15th September 2004
Shark’s Fin House
131 Little Bourke Street, Melbourne

Please RSVP by Monday 13^h September

ACMA House **Fax : 9899 6389** (dial carefully) OR e-mail secretary@acma.net.au

Full name (ACMAV member) _____

Telephone Number _____

Guest Numbers:

Members Free _____

Associate member \$30 _____

Non-member \$60 _____

Full Name on Credit Card

Credit Card No:

Total Amount enclosed _____

Expiry Date : ___/___

Circle : Mastercard / Visa / Bankcard

For catering purposes, please inform ACMAV if you are unable to attend after RSVP. Thank you.



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“The African Project”

In the last edition of ACMAV News, Dr Benny Foo (Immediate Past President) wrote of a Humanitarian Project initiated by Ken Henry. A plea went out for contributions of second hand computer equipment, clothing, toys and medicines – this is the response.

On the 22nd August – after weeks of boxing and labelling of the goodies that have been collected at ACMAV House , **80+ boxes** were loaded up into a truck to be sent eventually to Uganda.

As an organisation – we would particularly like to thank Dr. Su Lan Foo (Benny’s sister). She has raised just over \$2,000.00 for the purchase of medicine and has collected 11 monitors and 4 working computers as well as many bags of clothings and toys. She physically collected these things and delivered them to ACMA House. In addition, Dr. Robert Gan (Orthodontist and Naturopath) contributed a dental chair, 3 hospital beds and a key board. Many others contributed medical equipment and medicine samples.

Congratulations to Benny Foo for all his hard work and organising “Project Africa”.





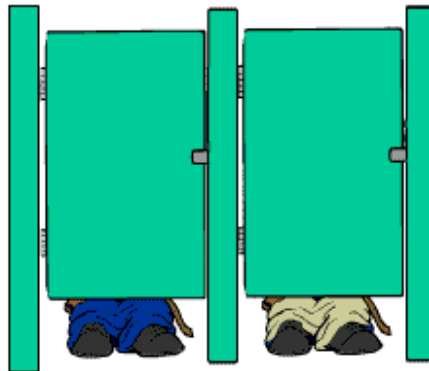
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Classifieds

Learned independent minded doctor wanted with or without view to join 2 doctor privately billing family practice, with loyal patients and friendly staff. 20 mins form CBD. Located on the service road of Princes Hwy, opposite to Werribee Mercy Hospital
Phone Dr. Robert Padanyi or Dr Peggy Zeng on (03) 9742 7988.

Ever been in this situation before?



I was barely sitting down when I heard a voice from the other stall saying: **"Hi, how are you?"**

I'm not the type to start a conversation in the men's restroom but I don't know what got into me, so I answered, somewhat embarrassed, **"Doin' just fine!"**

And the other guy says: **"So what are you up to?"**

What kind of question is that? At that point, I'm thinking this is too bizarre so I say: **"Uhhh, I'm like you, just traveling!"**

At this point I am just trying to get out as fast as I can when I hear another question. **"Can I come over?"**

Ok, this question is just too weird for me but I figured I could just be polite and end the conversation. I tell him, **"No..... I'm a little busy right now!!!"**

Then I hear the guy say nervously...

"Listen, I'll have to call you back. There's an idiot in the other stall who keeps answering all my questions!!!"



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First Notice

**ACMAV and ACCMA Annual Conference
Queen's Birthday Weekend 10th – 12th June 2005
Park Hyatt Hotel
1 Parliament Square
Melbourne 3000**

**Beyond Medicine ...
Celebrating the 20th Anniversary of ACMAV**

Saturday, 11th June 2005

3.00 pm Registration
3.00 pm -4.30 pm Afternoon Tea
 Grand Ballroom, Windsor Hotel
 Spring St, Melbourne

 IMAX Movie

Sunday 12th June 2005

Ballroom, Park Hyatt Hotel

9.00 am – 5.00 pm Conference Speakers Program
7.30 pm Conference Dinner
 Ballroom, Park Hyatt Hotel

Monday, 13th June 2005

Venue: Shark Fin House, 131 Little Bourke St, Melbourne 3000

9.30 am – 11.30 am Final Session of Conference
11.30 pm - 1.00 pm Yum Cha Lunch

1.30 pm Wine Tasting to Yarra Valley

Draft Programme - subject to change

As doctors, we are all involved in teaching patients about health, illness and treatment. There are many benefits from teaching the medical students who come to our clinics¹.

Teaching allows you to:

- review basic knowledge and skills,
- hear about the latest developments in medical practice,
- give something back to the profession
- gain CME points for the new triennium.

Students who are provided with positive experiences in General Practice may be more likely to consider it as a career - important given current GP shortages. They gain a more realistic view of community illness than they do in hospitals. Most GPs make good teachers, despite lacking formal teaching skills – after all, we teach patients in our daily work. Patients are usually pleased to have a student present².

Remuneration through the Practice Incentive Program has recently increased to \$100 per student per ½ day session. CME points are awarded too.

Having a student in your practice takes time, but there are a number of strategies that GPs can use to deliver beneficial learning experiences while minimizing disruption to the consultation schedule¹. These include involving the student in:

- assisting with minor procedures (dressings, suturing etc)
- working with the practice nurse
- undertaking patient assessments such as the “over 75 health assessment”, diabetes and asthma assessments
- accompanying a patient to other health providers such as specialists, allied health professionals, x-ray or pathology services etc.
- home visits and nursing home visits

In conclusion, teaching students can be a very rewarding and enjoyable experience.

References

1. Lawson C and Ling M. Teaching medical students – what’s in it for teachers ? *Australian Family Physician* 2004, 33(6):451
2. Salisbury K, Farmer E, Vnuk A. Patients’ views on the training of medical students in Australian general practice settings. *Australian Family Physician* 2004, 33(4):281-3

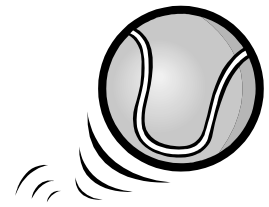
Editor’s note : As a fellow GP, I would like to strongly encourage GP members of the ACMAV to consider being involved with the teaching of our future doctors. Personally, I find it highly rewarding and enjoyable. In addition – teaching adds that extra bit of variety to my work at the clinic.

I am a part-time lecturer at Monash University, Department of General Practice – hence if you have any questions or would like to be involved with teaching medical students in your clinic please feel free to contact me directly by e-mail – meeyoke.ling@med.monash.edu.au or on phone : 0411 126 475.



CLASSIFIEDS

ACMAV Tennis Tournament - Sunday 24th October 2004



The annual Tennis Tournament will be held at the National Tennis Centre, Melbourne Park on Sunday 24th October, starting at 1:00 pm sharp. Owing to the uncertainties of weather, the tournament will be indoors.

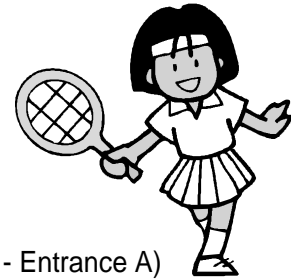
The doubles format will be played with inter-changeable partners in a round robin fashion.

Only members are eligible to play. Families are cordially invited to give moral support and partake of refreshment.

Mayne Health will again be the sponsors for the tournament. I would like to take this opportunity to thank them for their generosity.

Trophies will be presented at the next AGM.

**Please send in your entry forms by Friday 15th October 2004.
Entry to the tournament is free.**



DATE Sunday 24th October 2004
TIME 1:00 pm
VENUE National Tennis Centre, Melbourne Park
 (enter from either Swan St. - Entrance D, or Exhibition St. - Entrance A)
 Free car-parking is available at Northern Carpark. (Validate ticket at Tennis shop)

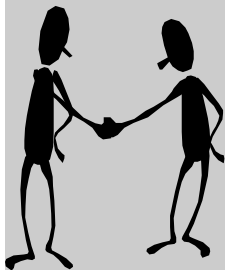
Please return this slip to Trevor Lau-Gooley, 86 Nepean Highway, Mentone 3194

The following will be participating in the ACMAV Tennis Tournament on Sunday 24th October 2004 :

- 1..... Phone Number.....
- 2..... Phone Number.....
- 3..... Phone Number.....
- 4..... Phone Number.....

Membership Application Forms - Now Available !!

Help Recruit New Members!



Please pick up new membership forms and copies of Qi from ACMA House or at future functions to hand out to friends and colleagues.

Remember, if you join now, the membership year will last until December 2004!

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- | | | | |
|-------------------------|--------------------------------|-------------------------------|---------------------------|
| • Momo | • De Bortoli | • Bistro I | • Beate's at Studley Park |
| • The Point | • Chloe's at Young and Jackson | • Middle Brighton Baths | • Isthmus of Kra |
| • Beaumaris Pavilion | • Windows on the Bay | • Conservatory | • Glencoe |
| • Lynch's | • Lobster Cave | • Colonial Tramcar Restaurant | • Riva |
| • Rochford's Eyton | • Radiani at Park Hyatt | • Melba Brasserie | • Italy I |
| • Church Street Enoteca | • Silks | • Number 8 | • Bokchoy Tang |
| • Sails on the Bay | • Koko | • Hagers | and many more... |

Casual Restaurants and Café Dining

- | | | | |
|----------------|------------------|-------------------|-------------------------|
| • TGI Friday's | • Nachos Cantina | • P.J. O'Brien's | • Café Sienna |
| • Taco Bill | • Lone Star | • Montezuma's | • Spaghetti Tree |
| • Stalactites | • Red Tongue | • Pancake Parlour | • Joe's Garage |
| • Red Orange | • Fasta Pasta | • Hairy Canary | and many more... |

Informal Dining and Take Away Restaurants

- | | | | |
|---------------|-----------------------|-----------------|-------------------------|
| • McDonald's | • Wendy's | • Brumby's | • KFC |
| • Viva Juice | • New Zealand Natural | • Pizza Haven | • Nando's |
| • Pizza Hut | • Pretzel World | • Gloria Jean's | • Feeling Fruity |
| • Red Rooster | • Oporto | • Trios | and many more... |

Arts, Leisure, Sports and Attractions

- | | | | |
|---------------------|----------------------|-------------------------|------------------------------|
| • Anderson Cinemas | • Reading Cinemas | • Palace Cinemas | • IMAX |
| • Australian Ballet | • Scienceworks | • Greater Union Cinemas | • Hoyts & Hoyts La Premiere |
| • King Pin Bowling | • Melbourne Symphony | • Puffing Billy | • Melbourne Aquarium |
| • Luna Park | • Galactic Circus | • Global Ballooning | • Melbourne Observation Deck |
| | | | and many more... |

plus other great offers from...

- | | | | |
|--|-----------------------------|---------------------------|----------------------------|
| • Crown Towers & Crown Promenade | • Couran Cove Island Resort | • Video Ezy | • Wet'n'Wild Water World |
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| • Hayman | • Rydges Resorts | • P & O Cruises | • Sea World |
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| • Budget Car & Truck Rental | • Avis Australia | • Dunk & Brampton Islands | and many more... |

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Australian Chinese Medical Association (Victoria)

Contact: Karen Lee Tel/Fax: 5831 3339 Email: jklwong@bigpond.net.au

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psst!

\$12 from each Book sold contributes greatly to our fundraising. Thank you.